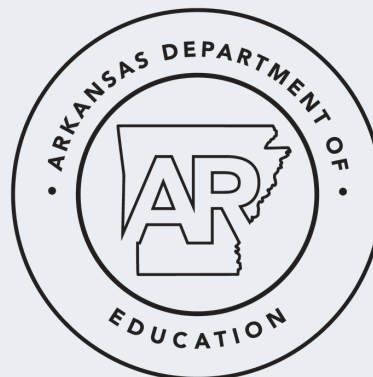# BehaviorHelp

BehaviorHelp is a holistic approach to meet the needs of children who experience challenging behaviors with collaborating partners from the Office of Early Childhood (OEC), University of Arkansas for Medical Sciences (UAMS), and Arkansas State University Childhood Services.

The Benefits of BehaviorHelp

- Support healthy child development
- Create consistency of care for the child
- Provide tools, skills, and ongoing support to child care providers and parents/guardians to manage challenging behaviors
- Reduce suspensions and expulsions of young children

Why Work to Reduce Suspensions & Expulsions?

When children are suspended or expelled, nobody benefits. Parents miss work, and providers lose income. Suspension and expulsion increase children's risk for long-term problems, such as school failure, school dropout, substance abuse, and involvement with the juvenile justice system.

What Can I Expect from BehaviorHelp?

A BehaviorHelp team member will make visits to your program to help you develop and implement a plan to support the child and reduce the challenging behavior in the classroom.

3000+ Since launching in 2016, the BehaviorHelp team has responded to over 3000 requests for support.

How Do I Access Supports?

To access BehaviorHelp, submit a brief request for help at www.behaviorhelponline.org. A BehaviorHelp team member at the OEC will call you to learn more about your needs and will assign a technical assistance provider or infant and early childhood mental health consultant to assist you.

More than 4 out of 5 centers report they would recommend BehaviorHelp to others.

Teachers report a significant improvement in the frequency and severity of child behavior concerns, and expulsion is prevented in 97% of cases.

Testimonials

"[My consultant] was great. She gave me and my teacher a lot of hope and strategies...she helped us get through some very challenging times."

"It wasn't about a magic 'fix it.' That was hard at first, but I am much more happy with the skills I learned along the way."